

Dates for your diary

Week 4

9 th Aug	Yr 6 High School Transition Day
12 th Aug	Soccer

Week 5

15 th Aug	Tournament of Minds begins
17 th Aug	CWA International Day

Week 6

22 nd Aug	Tournament of Minds – Week 2
25 th Aug	K-2 Bathurst Excursion
27/28 th Aug	Tournament of Minds – Presentation

Dear Parents and Friends,

Public Education week started with Lyndhurst hosting the **Heritage Country Schools Leaders lunch**. The leaders had the pleasure of listening to Captain Nick Bracken from the 1st 19th Battalion of the Royal NSW Regiment who spoke about the different types of leadership and the different qualities leaders have. It was a very nice way to start the week. Lyndhurst leaders need to be congratulated for the way they worked together to help ensure the luncheon ran smoothly. Also; a big thank you to the staff that helped out with the preparation and serving of the lunch. Thanks Mrs Colson, Mrs Griffiths, Mrs Wilby and Rachel Meek.



Lyndhurst Leaders with Capt. Bracken

It was lovely to have so many of our parents, carers and community members join us last Thursday in our classrooms and participate in the learning activities with the children.

Healthy Harold visits were enjoyed by all participants when Life Education came to visit.

The infants class went on "Harold's Mystery Tour" where they discussed and engaged in activities about the main internal body parts; safe use and storage of medicines; appropriate remedies for illness; safety in public places and being scared/pressured to do things and ways of coping. The 3-6 students learnt about staying safe; assertiveness and being confident and how to help and look out for others via "Harold's Diary".



K-2 enjoying Life Education

On Friday, 9 (!!) of our students represented us at the **District Athletics** - recording some great results - Zak, Billy and the relay team going on to Regionals - and making a big impression with their fantastic sportsmanship and sense of fair play. A special mention to Cara and Jack who stepped in at the last minute to fill in for the relays.

This Friday we will play our round three **knockout soccer match** in Orange against Trundle Central. Permission note is in this newsletter -please sign and return ASAP if you would like your child would like to be in the team (Year 2 and up). Thanks to John Mackie for giving up his time to come and coach the team.

Sally Beer



Star Students....

K-2: Max
3-6: Ryan & Ebony

Canberra Excursion...

Itineraries, information and all permission notes will be sent home by the end of the week. Payments of \$60 per person attending may be made at any time, either in full or instalments. Parents who are definitely going to attend, please let us know ASAP so final accommodation arrangements can be made.



Canteen News...

As usual, we have a selection of hot foods for lunch on Fridays at a low cost of \$2.50.

- Low fat meat pies & sausage rolls
- Pizzas
- Vegetarian pies & rolls

At recess, there is a variety of snacks available from 50c to 80c. We try to stock as many "green" items (foods that can be eaten often) as possible but we do also have some "amber" ones (occasional foods) as well. Please let the school know if there is something your child can't eat or is sensitive to and we will ensure we have foods available for them should they wish to buy them.

Students are also welcome to bring in lunch items for reheating (except on Fridays) - wrapped in foil for oven heating preferably as microwaving is just too time-consuming. Jus a reminder that there is a ban on noodles for safety reasons (use of boiling water) though they may of course be brought in heated already in a thermos.

Active After-School news.....

Great news for cricket fans and others! For 5 Friday sessions this term Cricket NSW will be running a Cricket Skills Program at Lyndhurst emphasising having fun and learning skills. Tuesdays will be a late day as usual.

Please note that we provide a healthy afternoon tea (which may vary - always fruit, occasionally vegemite sandwiches, cheese on wholemeal crackers and/or yoghurt) and water, as a necessary part of the Active After-Schools Program. If there are any questions or concerns with any of the food provided, please let us know.



Library News.....

Winter is a good time to curl up with a book and the library has some great new ones just itching to be borrowed and read. We really value our books and are trying to instil this in the students by encouraging them to borrow often and look after the books they take home. Please help us do this by ensuring books come back to school on Tuesdays (3-6) and Wednesdays(K-2) in a library bag!

Permission Note:

Western Region Soccer Knockout Match

When: Friday 12th August 2011
11.45am start

Where: Jack Brabham Oval, Orange
Cost: Nil

Who: Year 2 - 6 students who would like to play

Transport will be by bus - Mrs Beer will be supervising.

.....
Family Name:

I give permission for.....
to attend the Western Region Soccer
Knockout match at Jack Brabham Oval
on Friday August 12th.

I understand that transport will be by bus.

I give/do not give permission for my child to receive medical treatment in case of emergency.

Signed:

Date: